





November 2018

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <u>Substitutes for EPS 4 and Under</u> Craisins/Raisins-Juice, Fruit or Cheese Stick/Slices Chex Mix/House Mix/Pretzels-Graham Crackers or Animal Crackers Carrots or Celery Sticks-Lunch- Vegetable Snack-Wheat Crackers or Cheese Juice-Fruit or Cheese Stick/Slice | |  | 1. English Muffins, Jelly, Water Sausage, Pancakes, Peaches, Applesauce, Milk Vanilla Wafers, Pudding, Water | 2. Graham Crackers, Wow Butter, Water Chicken & Rice, Diced Carrots, Pineapple, Milk Crackers, Cheese Sticks, Water |
| 5. Goldfish, Raisins, Water Tomato Soup, Cheese Wraps, Pears, Milk Pretzels, Juice | 6. Crackers, Cottage Cheese, Water Beef Quesadilla, Corn, Pineapple, Milk Animal Crackers, Pudding, Water | 7. Munchies, Applesauce, Water Turkey Wraps, Carrots, Tropical Fruit, Milk Chips, Salsa, Juice | 8. Graham Crackers, Wow Butter, Water Breakfast Burritos, Peas, Apples, Milk Crackers, Tropical Fruit, Water | 9. Bagels, Cream Cheese, Water Ravioli, Green Beans, Banana Milk Cheese-Its, Juice |
| 12. Crackers, Cottage Cheese, Water Chicken Nuggets, Sliced Carrots, Pineapple, Milk Scooby Snacks, Juice | 13. Goldfish, Craisins, Water Beef Nachos w/Cheese, Corn, Peaches, Milk Crackers, Cheese Sticks, Water | 14. Berry Parfait, Water Veggie Chili, Cheese Wraps, Pears, Milk Celery Sticks, Wow Butter | 15. Toasted Oats, Banana, Water Sausage, Hash Browns w/Cheese, Pineapple, Milk Pretzels, Raisins, Water | 16. English Muffins, Jelly Meatballs w/ Red Sauce, Lima Beans, Tropical Fruit Milk Carrots, Hummus, Water |
| 19. Munchies, Pineapple, Water Ravioli, Green Beans, Peaches, Milk Animal, Crackers, Pudding, Water | 20. Crackers, Cheese Sticks, Water Soft Shell Beef Tacos, Pears, Milk Goldfish, Juice | 21. Scooby Snacks, Applesauce, Water Turkey Wraps, Peas, Pineapple, Milk Carrots, Hummus, Water | 22. CLOSED  | 23. CLOSED  |
| 26. Toasted Oats, Raisins, Water Pizza Sticks, Peas, Peaches, Milk Animal Crackers, Apples, Water | 27. Scooby Snacks, Applesauce, Water Soft Shell Chicken Tacos, Corn, Pineapple, Milk Chips, Salsa, Juice | 28. Graham Crackers, Cheese Sticks, Water Tomato Soup, Cheese Wraps, Tropical Fruit, Milk Celery Sticks, Wow Butter, Water | 29. Cheese-Its, Craisins, Water Sausage, English Muffins, Applesauce, Banana, Milk House Snack Mix, Juice | 30. Kitchen Choice  |