

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1. Graham Crackers, Wow Butter, Water</p> <p>Salisbury Steak, Mashed Potatoes, Pineapple, Milk</p> <p>Cheese Its, Raisins, Water</p>	<p>2. Crackers, Cheese Sticks, Water</p> <p>Soft Shell Beef Taco's, Corn, Pears, Milk</p> <p>Vanilla Wafers, Pudding, Water</p>	<p>3. Munchies, Cottage Cheese, Water</p> <p>Turkey Wraps, Tropical Fruit, Carrots, Milk</p> <p>House Snack Mix, Juice</p>	<p>4. Toasted Oats, Raisins, Water</p> <p>Sausage, French Toast, Applesauce, Milk</p> <p>Berry Parfait, Water</p>	<p>5. Bagels, Cream Cheese, Water</p> <p>Ravioli, Green Beans, Pears, Milk</p> <p>Carrots, Hummus, Water</p>
<p>8. Graham Crackers, Pears, Water</p> <p>Chicken Nuggets, Green Beans, Peaches, Milk</p> <p>Animal Crackers, Apples, Water</p>	<p>9. Goldfish, Raisins, Water</p> <p>Beef Quesadilla, Corn, Pineapple, Milk</p> <p>Chips, Salsa, Juice</p>	<p>10. English Muffins, Jelly, Water</p> <p>Ham & Cheese Sandwich, Peas, Pears, Milk</p> <p>Vanilla Wafers, Pudding, Water</p>	<p>11. Crackers, Cottage Cheese, Water</p> <p>Sausage, Pancakes, Banana, Tropical Fruit, Milk</p> <p>Chees-Its, Craisins, Water</p>	<p>12. Graham Crackers, Wow Butter, Water</p> <p>Chicken & Rice, Diced Carrots, Pineapple, Milk</p> <p>Crackers, Cheese Sticks, Water</p>
<p>15. Animal Crackers, Tropical Fruit, Water</p> <p>Veggie Chili, Cheese Wraps, Pears, Milk</p> <p>Pretzels, Raisins, Water</p>	<p>16. Bug Bites, Applesauce, Water</p> <p>Beef Nachos w/Cheese, Corn, Pineapple, Milk</p> <p>Graham Crackers, Wow Butter, Water</p>	<p>17. Goldfish, Craisins, Water</p> <p>Turkey Wraps, Peaches, Baked Beans, Milk</p> <p>Chex Mix, Juice</p>	<p>18. Toasted Oats, Craisins, Water</p> <p>Breakfast Pizza, Peas, Apples, Milk</p> <p>Berry Parfait, Water</p>	<p>19. Bagels, Cream Cheese, Water</p> <p>Meatballs, w/Red Sauce. Lima Beans, Tropical Fruit, Milk</p> <p>Carrots, Hummus, Water</p>
<p>22. Crackers, Pears, Water</p> <p>Tomato Soup, Cheese Wraps, Tropical Fruit, Milk</p> <p>Celery Sticks, Wow Butter, Water</p>	<p>23. Graham Crackers, Wow Butter, Water</p> <p>Fajita Style Chicken Tacos, Corn, Peaches, Milk</p> <p>Chips, Salsa, Juice</p>	<p>24. English Muffin, Jelly, Water</p> <p>Veggie Soup, Cheese Wraps, Pears, Milk</p> <p>Bug Bites, Craisins, Water</p>	<p>25. Crackers, Cottage Cheese, Water</p> <p>Sausage, English Muffins, Applesauce, Bananas, Milk</p> <p>Vanilla Wafers, Pudding, Water</p>	<p>26. Kitchen Choice</p>
<p>29. Bug Bites, Applesauce, Water</p> <p>Pizza Sticks, Pears, Carrots, Milk</p> <p>Celery Sticks, Wow Butter, Water</p>	<p>30. Animal Crackers, Peaches, Water</p> <p>Soft Shell Beef Tacos, Corn, Tropical Fruit, Milk</p> <p>Pretzels, Juice</p>	<p>31. Toasted Oats, Banana, Water</p> <p>Chicken Nuggets, Peas, Apples, Milk</p> <p>Bug Bites, Juice</p>	<div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: fit-content;"> <p style="text-align: center;">Substitutes for EPS 4 and Under</p> <p style="text-align: center;">Craisins/Raisins-Juice, Fruit or Cheese Stick/Slices</p> <p style="text-align: center;">Chex Mix/House Mix/Pretzels-Graham Crackers or Animal Crackers</p> <p style="text-align: center;">Carrots or Celery Sticks-Lunch- Vegetable</p> <p style="text-align: center;">Snack-Wheat Crackers or Cheese</p> </div>	

