



## August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>Substitutes for EPS 4 and Under</u></b> Craisins/Raisins-Fruit Chex Mix/House Mix/Pretzels-Graham Crackers or Animal Crackers Celery Sticks-Lunch- Vegetable Snack-Graham Crackers or Cheese		1. Graham Crackers, Wow Butter, Water  Turkey Wraps, Tropical Fruit, Carrots, Milk  House Snack Mix, Juice	2. Goldfish Crackers, Raisins, Water  Sausage, French Toast, Peaches, Banana, Milk  Animal Crackers, Banana Pudding, Water	3. Toasted Oats, Orange Juice  Chicken, Rice, Green Beans, Apples, Milk  Crackers, Cheese Sticks, Water
6. Graham Crackers, Wow Butter, Water  Tomato Soup, Cheese Wraps, Pears, Water  Bug Bits, Juice	7. Cheese Its, Cheese Slices, Water  Soft Shell Beef Tacos, Corn, Peaches, Milk  Vanilla Wafers, Pudding, Water	8. Crackers, Tropical Fruit, Water  Hamburger w/Bun, Potato Salad, Green Beans, Milk  Pretzels, Craisins, Water	9. Bug Bites, Wow Butter, Water  Egg Sandwich, Peas, Bananas, Milk  Chex Mix, Juice	10. Crackers, Cottage Cheese, Water  Meatballs w/Red Sauce, Corn, Apple, Milk  Animal Crackers, Pears, Water
13. Graham Crackers, Peaches, Water  Mac & Cheese, Peas, Sliced Carrots, Milk  Berry Parfait, Water	14. Toasted Oats, Raisins, Water  Beef Quesadilla, Beans & Rice, Peaches, Milk  House Snack Mix. Juice	15. Crackers, Pears, Water  Ham Sliders, Tropical Fruit, Carrots, Milk  Hummus, Carrots, Water	16. Cheese Its, Craisins, Water  Sausage, English Muffin, Pineapple, Peaches, Milk  Celery Sticks, Wow Butter, Water	17. Bagels, Cream Cheese, Water  Ravioli, Corn, Pears, Milk  Crackers, Apples, Water
20. Graham Crackers, Wow Butter, Water  Chicken & Dumplings, Green Beans, Apple, Milk  Bug Bites, Juice	21. Crackers, Applesauce, Water  Fajita Style Chicken Taco, Peppers, Pineapple, Milk  Cheez Its, Raisins, Water	22. Nutrigrain Bars, Orange Juice  Turkey Wraps, Peas, Pears, Milk  Pretzels, Craisins, Water	23. English Muffins, Jelly, Water  Sausage, Pancakes, Peaches, Oranges, Milk  Vanilla Wafers, Pudding, Water	24. Crackers, Cottage Cheese, Water  Sweet & Sour Chicken, Green Beans, Banana, Milk  Carrots, Hummus, Water
27. Goldfish, Sliced Apples, Water  Salisbury Steak, Mashed Potatoes, Mixed Veggies, Milk  Chex Mix, Cheese Slices, Water	28. Berry Parfait, Water  Beef Nacho's w/Cheese, Corn, Apples, Milk  Animal Crackers, Pears, Water	29. Graham Crackers, Applesauce, Water  Chicken Nuggets, Green Beans, Tropical Fruit, Milk  House Snack Mix, Juice	30. Crackers, Cheese Sticks, Water  Sausage, Biscuit, Peaches, Oranges, Milk  Celery Sticks, Wow Butter, Water	31. Kitchen Choice  <div style="text-align: right;"> </div>